

Summer Edition

END OF TERM MESSAGE FROM MS ISHAQ

Dear Parents and Carers,

As we reach the end of another fantastic academic year, I want to take a moment to reflect on everything our school community has achieved. This has been another incredibly successful year at SJH. Our children have grown beautifully as young learners, stepping up to embrace new initiatives with enthusiasm and fully immersing themselves in our enrichment activities. A special highlight of this year was the launch of our new two-year-old provision. Our youngest pupils have settled in remarkably well, and it has been a joy to watch them develop into confident, happy members of the SJH family.

The summer holidays are an ideal time to replenish school uniform. Below is a reminder of the uniform requirements. Children not wearing the correct uniform will receive a letter home, and parents will be reminded of our uniform policy. Please note that jewellery is not allowed for health and safety reasons, and children will be asked to remove it.

Boys
- White shirt or polo shirt
- School sweatshirt or jumper (with school logo)
- Grey trousers (or grey shorts in summer)
- Black, white, or grey socks
- Smart black shoes or ankle boots*

Girls
- White blouse or polo shirt
- School sweatshirt, cardigan, or jumper (with school logo)
- Grey skirt, pinafore, or trousers (or blue checked summer dress in summer)
- Black, white, or grey socks or tights
- Smart black shoes or ankle boots*

PE Kit
- Blue shorts/blue jogging bottoms (for gymnastics, blue shorts must be worn)
- White t-shirt
- Trainers



*Children are also permitted to wear trainers as we are an active school. Trainers should be plain and not ostentatious or expensive.

Finally, we must bid an emotional farewell to our wonderful Year 6 children. They have grown into resilient, respectable, and mature young people, and we are incredibly proud of them. While we will miss them dearly, we wish them the absolute best as they embark on the next exciting chapter of their lives. Please do come back and visit us in the future! I would like to leave our Year 6 leavers with a short quote from Dr. Seuss: "Don't cry because it's over, smile because it happened."

Thank you all for your continued support, partnership, and dedication to our school. Wishing you all a wonderful, safe, and restful summer break. We look forward to welcoming returning families back on Thursday 3rd September.



Yours sincerely,
Ms Ishaq
Headteacher

Talking About Books

by Mr Worth

SUMMER HOLIDAY READING

Term is over and the summer holiday is with us. That means six weeks of lovely reading time! Just think of all the wonderful stories you could enjoy, or the non-fiction books about every subject under the sun that you could devour. Make sure you read throughout the whole holiday, because reading, I would say, is one of the most important skills you will ever have in your entire life.

And while we're talking about reading during the summer, don't forget to read six books from your local library as part of the Summer Reading Challenge. They can be any books you like, but must be from a library. And remember to claim your prizes as you complete each part of the challenge. Hopefully, this year, Sir John Heron will win the trophy for the highest number of children to complete the challenge.

As this is the last ever Talking About Books item I will write, I will leave you with what one writer said: "A book is a dream that you hold in your hand." Never be without a book, because apart from enjoying the story, you never know what new possibilities might be opened to you.



Good bye, and happy reading!

Mr Worth



Oracy Chit Chat

Is it better to spend your summer holidays reading a brand-new book you've never heard of, or re-reading your absolute favorite book for the third or fourth time?



END OF YEAR
Award Ceremony

Congratulations to our end of year award winners! Children (and staff!) were chosen for their contribution and progress in each subject area!

Attendance Awards



100% Attendance

Well done to the **40** children who have had 100% attendance this year!

Star Attenders

Ruby (Cyan)
Well done on your attendance this year!

Sports Awards

Boys Football Player of the Year

Rehmanullah (Violet)

Girls Football Player of the Year

Sarah (Silver)

Boys Sports Star of the Year

Sakin (Violet)

Girls Sports Star of the Year

Sabira (Bronze)

Outstanding Contribution to School Sport

Javante (Silver)

END OF YEAR
Award Ceremony

Outstanding Reader of the Year
Magizhan (Yellow)

Outstanding Writer of the Year
Hina (Bronze)

Mathematician of the Year
Hanif (Orange)

Outstanding Scientist of the Year
Tahseen (Orange)

Musician of the Year
Ryan (Yellow)

Outstanding Progress in French
Saara (Violet)

Outstanding Attitude to Learning
Sukaina (Green)

Outstanding Contribution to SJH
Habeebah (Silver)

Teacher Funny Awards

The Strictest Teacher
Miss Andrew

The Funniest Teacher
Mr Worth

The Calmest Teacher
Ms Begum

The Coolest Teacher
Mr Gipp

The Best Dressed Teacher
Miss Moriarty

The Loudest Teacher
Ms Davis

END OF YEAR
Award Ceremony





Goodbye and Good Luck to our Year 6 pupils
as you move onto Secondary School!

LAST WEEK OF TERM

Our last week of term has been a very busy with Reception, Year 2 and Year 6 graduations, as they move into the next Key Stage. Our Year 6 Prom was super fun and lively and children looked magnificent in their outfits. Children have also enjoyed their class parties on Thursday! We hope you all have a fabulous summer!













Stay Safe This Summer

CAPT Summer Safety

Squishy toys warning: What you need to know about the latest toy trend

10 dangerous products to avoid this summer

Summer fun in Newham

for Children and Young People

Click here to view the Newham Summer Activities Programme

BEST START IN LIFE | Funded by UK Government

NEWHAM FAMILY HUB NETWORK

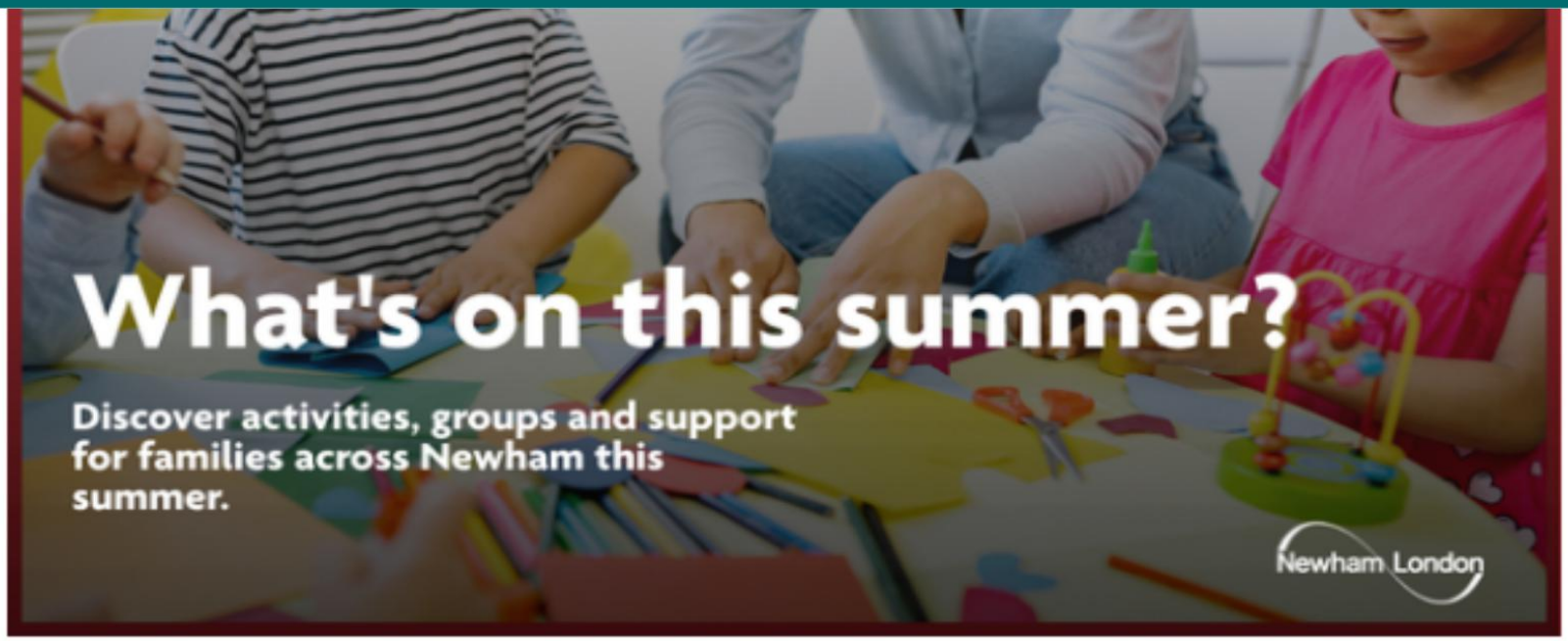
Newham London

Best Start Family Hubs Newham

Your Service Updates

newham.gov.uk/familyhubnetwork

WE ARE NEWHAM.



Find activities taking place at Family Hubs and Children's Centres across Newham.

Click here to view the latest activity timetables

HOLIDAY CLUB

BOOK NOW

Beat the Boredom this school holiday with a fun-filled Summer Holiday Club at Newham Leisure Centre. Children aged 5-16 years will enjoy an exciting mix of multi-sport activities, swimming, arts and crafts and more.

Days: Running weekly Monday-Friday

Dates: 27th July - 28th August 2026

Time: 9am - 5pm

Cost: All day £30 per child
Half day £15 per child

Reduced rates and free places available Via the **Newham Holiday Activities and Food Programme (HAF).** Click here for HAF

Book via the BetterUK App or scan the QR code



BETTER

WELL NEWHAM

in partnership with Newham London

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR62398

Summer holidays at GROW BOX

ALL THE SESSIONS ARE FREE!

A space for the Canning Town community to build connections, learn skills and have fun.

M	T	W	T	F	S
20	21 **Money Games: Money adventures** 11:00am - 12:00pm	22 **Botanical art making workshop** 11:00am - 12:30pm; **LBN Regeneration team drop-in** 4:00pm -7:00pm	23 **Arts and Crafts drop-in session** 10:30am - 11:30am	24 **Newham Fun Day** 12:00pm - 4:00pm	25 Dami and [illegible] from Newham Council will be in the space to answer any questions about the regeneration programme.
27	28 **Mini Zine Workshops** 4:30pm - 5:30pm	29 **Gardening drop -in** 12:30pm - 2:00pm	30 **Arts and Crafts drop-in session** 10:30am - 11:30am	31	1
3	4 **Painting nature** 12:00pm- 1:30pm	5 **Botanical art making workshop** 11:00 am- 12:30pm	6 **Arts and Crafts drop-in session** 10:30am - 11:30am	7 **Arts and Crafts drop-in session** 3:30pm - 4:30pm	8
10	11 **Painting nature** 12:00pm- 1:30pm	12 **Gardening drop -in** 12:30pm - 2:00pm	13 **Bloom: Floral Workshop** 10:30am -11:30am	14 **Arts and Crafts drop-in session** 3:30pm - 4:30pm	15 **Move, Sign, Connect** 11.00am - 1:30pm
17	18 **Painting nature** 12:00pm- 1:30pm	19 **Botanical art making workshop** 11:00am - 12:30pm	20 **Puppet & Crafts** 10:30am -11:30am; **Mini Zine Workshops** 4:30pm - 5:30pm	21 **Arts and Crafts drop-in session** 3:30pm - 4:30pm	22
24	25 **Tie Dye Cafe** 10:30 - 11:30am; **Puppet & Crafts** 1:00pm - 2.00pm	26 **Gardening drop -in** 12:30pm - 2:00pm; **LBN Regeneration team drop-in** 4:00pm -7:00pm	27 **Bloom: Floral Workshop** 10:30am -11:30am	28 **Arts and Crafts drop-in session** 3:30pm - 4:30pm	29
31	1 **Puppet & Crafts** 10:30am -11:30am	2 **Botanical art making workshop** 11:00am - 12:30pm	3 **Arts and Crafts drop-in session** 10:30am - 11:30am	4 **Gardening drop -in** 12:30pm - 2:00pm	5

To register for any of the sessions below, or if you have any questions, contact: madeline@make-good.com

Arts & crafts
with meanwhile space / make:good

Come along and get involved in some crafting and games, whether you like playing chess or being creative this session is for everyone.

Gardening drop-in
with Deliciously Rooted

Join Freda on a journey of growing food. Explore different themes weekly. Learn about soil types, how to compost and more.

Botanical art making
with Langis Essentials

Create beautiful, handmade creations using real pressed flowers and leaves. A fun, relaxing activity for all ages to get creative with nature! Please book by contacting Ana: langiseo@hotmail.com

Bloom
with Aya UK

Bloom brings people together through hands-on artificial flower workshops. In our welcoming, all-ages space, you'll meet new friends, boost your creativity, and craft a beautiful floral keepsake to take home

Money games: Money Adventures
with Vanessa

A fun, fast-paced, obstacle-course style workshop where children work in teams to complete interactive money challenges. From coin recognition and price matching to a fashion budget challenge, children learn to make smart money choices through play, competition, and real-life scenarios. All abilities welcome!

Move, Sign, Connect
with By The Sign

Join us for a FREE, Deaf-friendly community fitness event bringing Deaf and hearing people together through movement, wellbeing and British Sign Language.

- Led by professional fitness instructors
- Professional BSL interpreters available
- Healthy snacks & goody bags
- Music, movement and community fun

Everyone is welcome – no fitness experience needed!

- Saturday 15 August 2026
- 11:00am – 1:00pm GrowBox, E16 1LS

Free to attend – spaces are limited! Register via the QR code →

Mini Zine Workshops
with Design Draw Do

Get creative this summer by learning how to fold and fill a one-page zine. This workshop will be led by Noor M, a Newham-based graphic designer and artist. Get ready to get stuck in! This workshop is for ages 5+

Painting nature
with Kayanpepper_Arts

Join Kayanpepper_Arts for a three-session acrylic painting workshop for ages 14+. You'll leave each session with a beautiful, personal piece of art to take home. All abilities welcome! Please book a space by emailing: kudobang@gmail.com

Tie dye Cafe
with Janet

Get hands-on and create interesting fabric art with different Tie Dye techniques! Take home your very own tie dye socks. Book your slots by emailing: tiedyecafe@aol.co.uk

Puppets & crafts
with Elena

Come along to enjoy the healing power of puppetry and join in with a craft and play afterwards! This activity is for children.

Vincent Street, Canning Town, E16 1LS
madeline@make-good.com
@growbox_e16
www.growboxe16.com

Newham London · meanwhile space · make good

Newham Healthy Babies 0-2 years

July – September 2026

[Click here to read the Healthy Babies Brochure]



Free support for families at every stage
beststartinlife.gov.uk

Family Hubs contact:
020 3373 2555 familyhub@newham.gov.uk

newham.gov.uk/familyhubnetwork

BEST START IN LIFE | HEALTHY BABIES

NEWHAM FAMILY HUB NETWORK

Newham London

Ready to Communicate

Free online workshop for parents and carers of children aged 0-5



Tuesday 28 July and 4 August, 2-3pm

Part of the Ready to...Workshop series.

Would you like to find out how to support your child's early communication skills? 'Ready to communicate' is a new parent workshop. Learn tips and techniques to help your child to build their skills, whether they are talking yet or not. Young children learn to communicate through play, so Speech and Language Therapists Alice and Beccy will help you to develop your shared play skills.

To book, click here or scan the QR code.

newham.gov.uk/familyhubnetwork

BEST START IN LIFE | HEALTHY BABIES

NEWHAM FAMILY HUB NETWORK

Newham London

Ready to Potty Train

Free online workshop for parents and carers of children aged 12 months to 4 years



Thursday 23 July, 1-3pm and Tuesday 4 August, 10am-12pm

Part of the Ready to...Workshop series.

There are no set rules when it comes to toilet training. Every child is unique, and what works for one may not work for another.

At this workshop, we'll share practical ideas, helpful guidelines, and proven strategies to help you get started, tackle common challenges, and support your child on their journey to dryness.

With time, patience, and the right approach, your child will get there—and we're here to help you every step of the way.

To book, click here or scan the QR code.

newham.gov.uk/familyhubnetwork

BEST START IN LIFE | HEALTHY BABIES

NEWHAM FAMILY HUB NETWORK

Newham London

Ready for Nursery

Free online workshop for parents and carers of children aged 9 months to 4 years



Monday 20 July,10.30-11.30am

Part of the Ready to...Workshop series.

Starting nursery is a big step for both children and families. It can bring excitement as well as lots of questions about how to apply, what children need, and what support is available.

At this workshop, we'll share clear information about childcare entitlements, including the funded hours available to eligible families, and guide you through the process of registering for a nursery place in Newham.

With the right information and support, starting nursery can be a positive and smooth experience, and we're here to help you every step of the way.

To book, click here or scan the QR code.

newham.gov.uk/familyhubnetwork

BEST START IN LIFE | HEALTHY BABIES

NEWHAM FAMILY HUB NETWORK

Newham London

Ready for Work

Free online workshop for parents and carers



Monday 3 and Tuesday 4 August (2-part session), 10.30-11.30am

Part of the Ready to...Workshop series.

This workshop, we'll support you to develop your digital skills, create a strong CV and personal statement, and understand how to search and apply for jobs effectively. We'll also share practical tips to help you prepare for interviews and showcase your strengths with confidence.

Our Newham Work team will be joining the session to provide expert guidance, advice, and ongoing support to help you move closer to your employment goals.

With the right tools, support, and encouragement, you can take the next steps into work with confidence—and we're here to support you every step of the way.

To book, click here or scan the QR code.

newham.gov.uk/familyhubnetwork



Community Energy Newham

Calling all Little Ilford residents!

Want to help shape a new, fairer way of delivering heat and electricity on your estate?

- **Bring down energy bills**
- **Build your own skills**
- **Increase benefits for local people**

REPOWERING LONDON

Come, learn something new and share your thoughts!

- **Walton Road** on **Saturday 25 July 11am-4pm**
- **Warrior Square** on **Tuesday 4 August 3-7pm**
- Other places in Little Ilford throughout the summer

To get more details, scan the QR code, email chris.born@repowering.org.uk or WhatsApp 07743 784 221

BEST START IN LIFE | NEWHAM FAMILY HUB NETWORK

Newham London

Saturday Fun for Fathers, Male Carers & Children

Sports, games, activities and time together!



Held every 2 Weeks (Saturdays) | From 18 July | 10am–12:30pm

Join us for a relaxed and friendly Saturday morning filled with activities for your family.

Take part in:
- Football, table tennis, dodgeball and pool
- Arts & crafts and board games
- Workshops and group activities

Location: Shipman Family Hub & Youth Zone, E16 3JH

No need to book – just come along.

newham.gov.uk/dads

WE ARE NEWHAM.

NATIONAL TENNIS ASSOCIATION

Newham London

JUNIOR TENNIS CAMP



Stratford Park Gooseley Playing Fields

27th July - 21st August
10am - 2pm
5-10 / 11-15 years

Action packed holiday camps with team challenges, tennis skills, games and prizes.

LTA YOUTH

SCAN THE QR CODE TO BOOK OR CLICK ON THE LINK BELOW

HTTPS://NATIONALTENNIS.ORG.UK/CAMPS/LONDON/

CONTACT FOR FURTHER INFORMATION-
HELLO@NATIONALTENNIS.ORG.UK

NATIONAL TENNIS ASSOCIATION

Newham London

HAF FUNDED TENNIS CAMP



Stratford Park Gooseley Playing Fields

27th July - 21st August
10am - 2pm
5-10 / 11-16 years

Action packed holiday camps with team challenges, tennis skills, games and prizes.

SCAN THE QR CODE TO BOOK OR CLICK ON THE LINK BELOW

HTTPS://EEQU.ORG/NATIONALTENNISASSOCIATIONNEWHAM

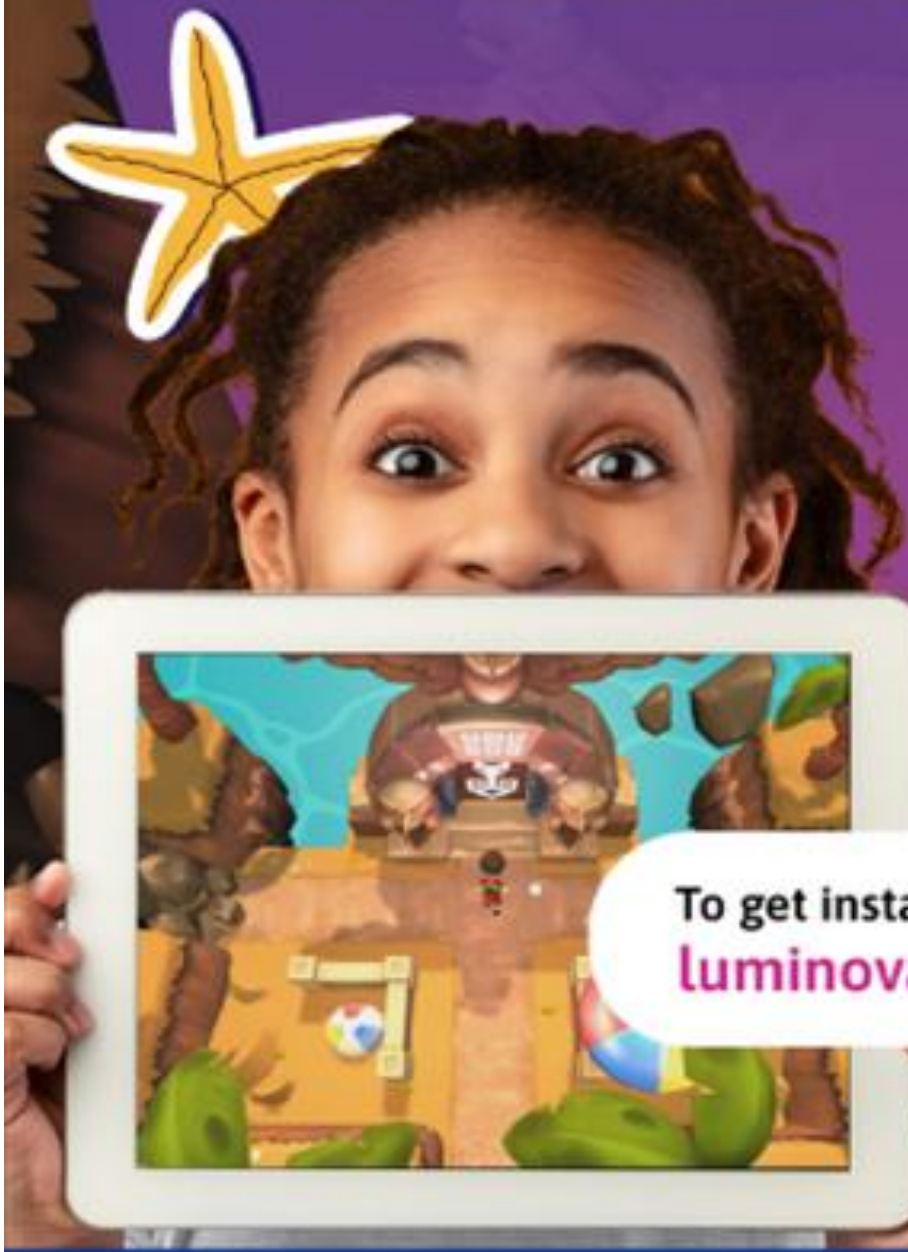
CONTACT FOR FURTHER INFORMATION- HELLO@NATIONALTENNIS.ORG.UK

LTA YOUTH

LUMI NOVA™
TALES OF COURAGE

Recommended by
NICE National Institute for Health and Care Excellence

Help your child build confidence over the Summer Holidays



For 7-12 year olds

Free instant access

Support worries about:

- Going to school
- Making new friends
- Speaking in front of a group
- Making mistakes and more!





To get instant access visit:
luminova.app/newham

BfB LABS

NHS East London NHS Foundation Trust

Newham London

Wellbeing in Newham Schools W.I.N.S

SOULUK - FREE HOLIDAY CAMPS IN NEWHAM

SOCIAL ORGANISATION FOR UNITY AND LEISURE

Summer Fun Starts Here!
We're excited to be running our FREE Summer HAF Programme across multiple Newham locations, giving children a summer packed with fun, friendship, creativity and adventure.
Children will enjoy:

Arts & Crafts
Sports & Team Games
Outdoor Adventures & Park Activities
Water Play & Summer Fun Days
Inclusive SEND Provision
Free Healthy Meals Every Day

Camp Locations & Dates

Central Park Primary School & Central Park Stratford School Academy
Manor Park Community Centre
27-30 July | 3-6 August | 10-13 August | 17-18 August

Jeyes Community Centre – Mild SEND
21-24 July |30-31 July |6-7 August |13-14 August |20-21 August |27-28 August

Jeyes Community Centre – Severe SEND
27-29 July | 3-5 August |10-12 August | 17-19 August |24-25 August

Daily sessions: 10:00am – 2:00pm

All staff are fully trained, DBS checked, and committed to providing a safe, welcoming environment for every child.

Spaces are limited – book now!

www.eequ.org/soul

We look forward to welcoming your child for an unforgettable summer!

Families In Bloom

Creative wellbeing workshops for children and families

Grow together. Connect and Thrive.
The Wellbeing in Newham Schools Team (WINS) will be running workshops for families during the holidays. Join us for a relaxed, fun and meaningful space for families to explore emotions, build resilience, and celebrate what makes your family special.

What to expect:
- ✅ Creative art activities (like building your own Family Wellbeing Tree)
- ✅ Games and tools to help manage big feelings
- ✅ Time to talk, play, reflect and reconnect
- ✅ Take-home resources to support wellbeing at home
- ✅ A safe, welcoming space for all families

Who's It For?
Families with children aged ***6–11 years***
All family types, cultures, and needs are ***welcome***
Children ***must*** attend with a parent or carer

How To Sign Up
Spaces are ***free*** but limited. Book your place by scanning the QR Code or following this link: Families In Bloom Sign Up Form

Ambition Aspire Achieve

Charity Registration Number: 1167816

SUMMER HOLIDAYS HAF

For young people ages 5 to 11 with Special Educational Needs (1:4 ratio only)

Running between Tuesday 4th - Wednesday 26th August

From 10am to 2pm

At Glyn Hopkin Abbey Hub, 6 Gay Road, Stratford E15 2RN



Activities Include: Sports, Adventure Play, Outdoor Games, Workshops, Arts & Crafts and much more!

Booking is required

For children with Special Educational Needs on a one child to four staff members ratio only

To Book Your Child's Place Contact:

bookings@theaaazone.com

WEB: WWW.THEAAAZONE.COM | TWITTER: @THEAAAZONE | FACEBOOK @AMBITIONASPIREACHIEVE | INSTAGRAM: @ AMBTIONASPIREACHIEVE



THE DAILY MILE WAVE

Free for Daily Mile schools and their families

09:45 on Saturday 26 September 2026

Register here:

Be a Daily Mile champion and run, jog, walk, or wheel one mile in the heart of the capital.

Free Daily Mile T-shirts for all children!

the Daily Mile