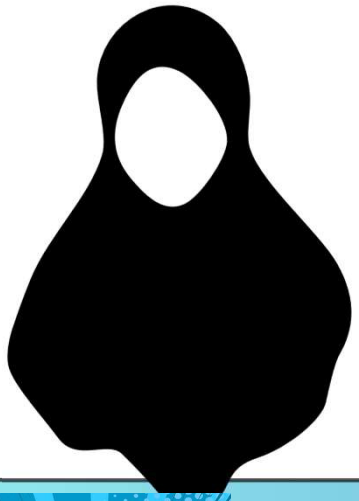


Friday 25th September 2026

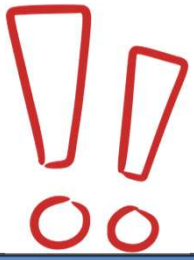
The Weekly Newsletter

Important Update: Magnet clip ties on headscarves



We have noticed that some children are coming to school wearing headscarves with magnetic clip ties. These magnet clips can pose a health and safety risk to our children, for example, if they are lost and another child finds them, there is a possibility they may ingest them. We ask parents to send their children in with one piece/slip on headscarves as seen in the image to the left.







Values of the Week

Reflection Ninja and Proudasaur

Children from every class who have demonstrated these values during the week were:



Butterfly - Choyan

Blue Class - Mohammad

Orange Class - Safiya

Purple Class - Eshaal

Indigo Class - Raisaa

Magenta Class - Rayyan

Turquoise Class - Aima

Bronze Class - Raul

Red Class - Kaua

Green Class - Sierra

Yellow Class -Shazaib

Violet Class - Aleena

Cyan Class - Rozalia

Maroon Class -Mehra

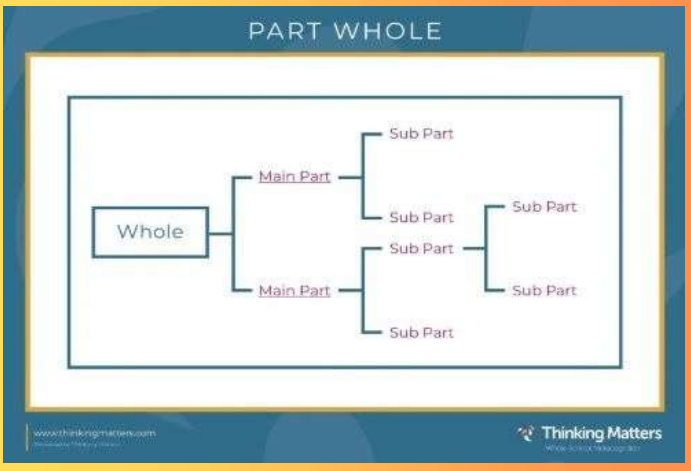
Silver Class – Fatin

Next week's values are:

Reasoning Robot and Challenge-Rex

Next week's Thinking Frame and Moves are:

Part Whole



The moves are: **Back** and **Divide**

Oracy Awards

KS1 Oracy Winner – Ilyas (Green Class)

KS2 Oracy Winner – Ismail (Magenta Class)

Reading Champions of the Week

*Reception — Aysha
* Year 1— Maryam
* Year 2— Mahfuz
* Year 3— Amir
* Year 4— Khaira
* Year 5— Rahim
* Year 6—Meheraz



House Points

Pixies – 66

Gnomes– 68

Elves– 69

Leprechauns– 67

Trolls– 67

Goblins– 70

Sports Stars of the Week

- Rehmanullah (Magenta)
- Ridha (Silver)

Music Stars of the Week

- Gabriel (Cyan)
- Ava (Violet)

TIMES TABLES ROCK STARS WINNER OF THE WEEK

FOR

BIGGEST IMPROVEMENT IN STUDIO SPEED OVER THE LAST 7 DAYS

1ST PLACE



SIRJOHNHERONPS

SCAN HERE

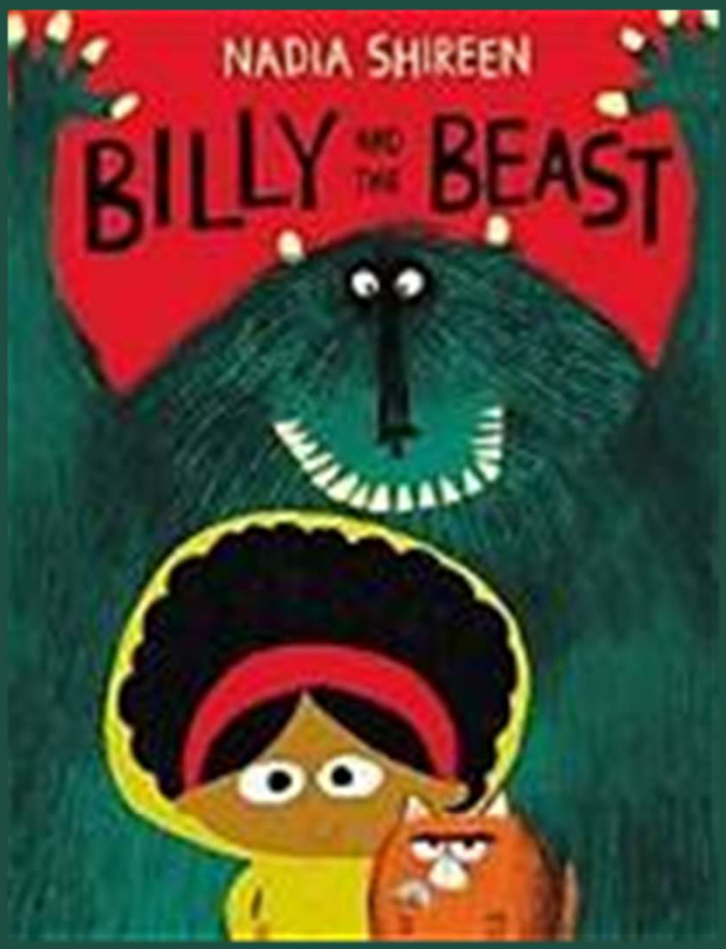
Follow Sir John Heron Primary School on Instagram by scanning the QR code!





TALKING ABOUT BOOKS

by Ms Ahmed



Billy the Beast is a funny and exciting book by Nadia Shireen. Billy might look like a big, scary beast, but there is more to him than meets the eye! The story is full of colourful illustrations, silly moments and lots of surprises. I really enjoyed the humour and the interesting characters, which made me want to keep reading. The pictures help to bring the story to life and make it even more fun. This is a great book for young readers who enjoy adventures and laughing out loud.

Oracy Chit Chat

If you had a superpower, what would it be, and how would you use it to help others?



KEY DATES THIS TERM

DATE	EVENT	TIME
Monday 28th September 2026	Year 6 visit to Liverpool Street/Bank/Monument	
Tuesday 29th September 2026	Year 1 The Parish of Little Ilford Church Visit	
Monday 5th October 2026	Week 1: Year 6 Intensive swimming lessons begin	
Friday 9th October 2026	Year 6 Parents SATS information session (Main Hall)	3:30pm
Monday 12th October 2026	Week 2: Year 6 Intensive swimming lessons begin	
Tuesday 13th October 2026	Year 2 The Parish of Little Ilford Church Visit	
Wednesday 14th October 2026	Reception Open Day (more information to follow soon)	3:30pm – 4:30pm

KEY DATES THIS TERM

DATE	EVENT	TIME
Monday 19th October 2026	Year 6 visit to Parliament	
Wednesday 21st October 2026	Parents Evening and Book Fair – (more information to follow soon)	1:15pm – 6:30pm
Thursday 22nd October 2026	Nursery Parents Evening (more information to follow soon)	1:15pm – 3:00pm
Thursday 22nd October 2026	House Point Treat	
Thursday 22nd October 2026	Year 4&6 Parents Residential Information Session (Main Hall)	3:30pm
Friday 23rd October	Diversity Day	All Day
Friday 23rd October	Reception Family Friday	9:00am-10:00am
Friday 23rd October	Last Day of Term (Half term begins)	

Little Ilford School - Year 6 Open Day

LITTLE ILFORD SCHOOL
COURAGE • COMMITMENT • COMPASSION
Rectory Road, London, E12 6JB
Tel. 020 8478 8024 | info@littleilford.org | www.littleilford.newham.sch.uk
LinkedIn: Little Ilford School | Instagram: @littleilfordschool

Interim Headteacher:
Jennifer Evans

Tuesday 22nd September 2026

Dear Year 6 Parent/Carer,

We invite you to the Little Ilford School Year 6 Open Evening on 6th October 2026, from 4.00 pm - 6.30 pm. This is an opportunity for you to 'taste' our rich curriculum, learn about the exciting topics our students have access to and also interact with our wonderful students and staff.

Parents and students are invited into the school from 4.00 pm onwards, with the last entry at 5.45 pm, to ensure you can experience a school tour and meet the Headteacher. We expect a high number of visitors, so please be aware that a queuing system may be in place to enter the school building.

Each family will be given a ticket to inform you about the student-led tour group you are in and when you will assemble for the Headteacher's speech, which will take place approximately every 20 minutes starting from 4.10 pm. Please be aware that the tour will involve visiting departments on the ground, first, second and third floors. Therefore, we shall provide an area for pushchairs and lift access for those unable to access the stairs.

Date: 6th October 2026
Time: 4.00 pm - 6.30 pm

The Headteacher's speech will take place during the following times:

a) 4.10 pm Group 1 (Pink)
b) 4.30 pm Group 2 (Green)
c) 4.50 pm Group 3 (Blue)
d) 5.10 pm Group 4 (Yellow)
e) 5.30 pm Group 5 (Orange)
f) 5.50 pm Group 6 (White)

Please feel free to visit our website either before or after your visit:
http://www.littleilford.newham.sch.uk

Yours faithfully,

R.Begum

Rumina Begum
Transition Coordinator

Introduction to WINS and Wellbeing

Who are WINS?

The Wellbeing in Newham Schools (WINS) is an **early intervention,** school based teams within Newham CAMHS. Education Mental Health practitioners (EMHPs) offer:

- **1:1 interventions** with parents around child anxiety or behavioural difficulties
- One-off parent and children **workshops** on wellbeing topics
- **Group interventions** with children (e.g. emotional regulation)

If you are interested in this offer, please discuss this with Senior Mental Health Lead (SMHL), **Beccy Werrin**.

Wellbeing and Mental Health

- Just like physical health, we all have mental health
- Our mental health can **change** over **time** and **situation**
- Mental health isn't limited to specific disorders, but also our **self-esteem** and **emotion regulation**
- **Changes** in our child's **behaviour** or **feelings** can indicate that they may need extra support (e.g. withdrawing/isolating, irritability)
- Having **regular check in's** with your child can open up conversations and help you identify if something isn't right!
- **Validating** and **empathising** can help a child to open up and feel understood e.g. "I'm not surprised you're feeling...", "It's so sad/frustrating/hard when..."

Further signposting:

Scan the QR code for our **Padlet** with further resources and support options:

LumiNova is a FREE therapeutic app for children with fears and worries: