

Friday 2nd October 2026

The Weekly Newsletter

OFSTED REPORT

Thank you to our entire school community for your continued support. Please note that our latest Ofsted report will be published on our website.

Ofsted
raising standards
improving lives



Values of the Week

Reasoning Robot & Challenge-Rex

Children from every class who have demonstrated these values during the week were:



Butterfly – Muhammed Yousaf

Blue Class - Aaron

Red Class - Fathima

Orange Class - Kidr

Green Class – Ella

Purple Class - Sukaina

Yellow Class –Japji

Indigo Class - Isaiah

Violet Class - Stefania

Magenta Class - Saarah

Cyan Class - Ibrahim

Turquoise Class - Adyan

Maroon Class -Issac

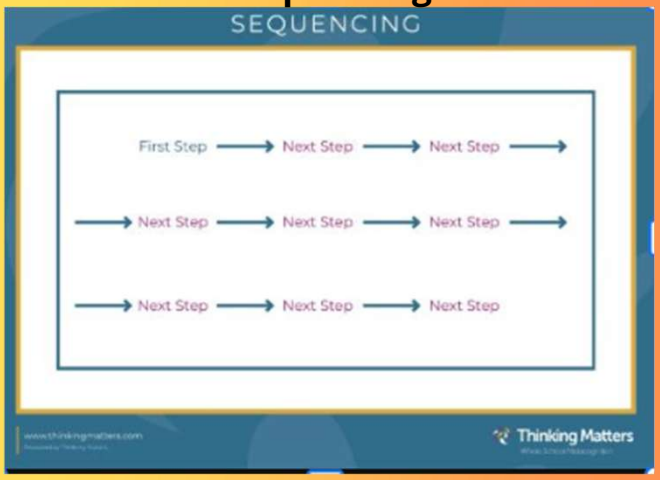
Bronze Class - Zulqarnain

Silver Class – Ishaq

Next week's values are:
Risk-Taking Hero & Ideaatops

Next week's Thinking Frame and Moves are:

Sequencing



The moves are: **Back, Ahead** and **Order**

Oracy Awards



KS1 Oracy Winner – Rayanna (Orange Class)

KS2 Oracy Winner – Sofiia (Cyan Class)

Sports Stars of the Week



- Meheraz (Silver)
- Maryam (Green)

Music Stars of the Week



- Abas (Turquoise)
- Sofiia (Cyan)

Reading Champions of the Week

***Reception — Amal**
*** Year 1— Sheza**
*** Year 2— Carla**
*** Year 3— Etta**
*** Year 4— Jonah**
*** Year 5— Yusra**
*** Year 6—Aminah**



House Points



Pixies – 83



Gnomes– 84



Elves– 85



Leprechauns– 83



Trolls– 84



Goblins– 82

TTRS Winner

- **1st Place -Amelia H.**

- **Amelia was awarded 1st place for most minutes played over the last 7 days!**

Oracy Chit Chat

If children could run a school for grown ups, what would they teach?



SIRJOHNHERONPS

SCAN HERE

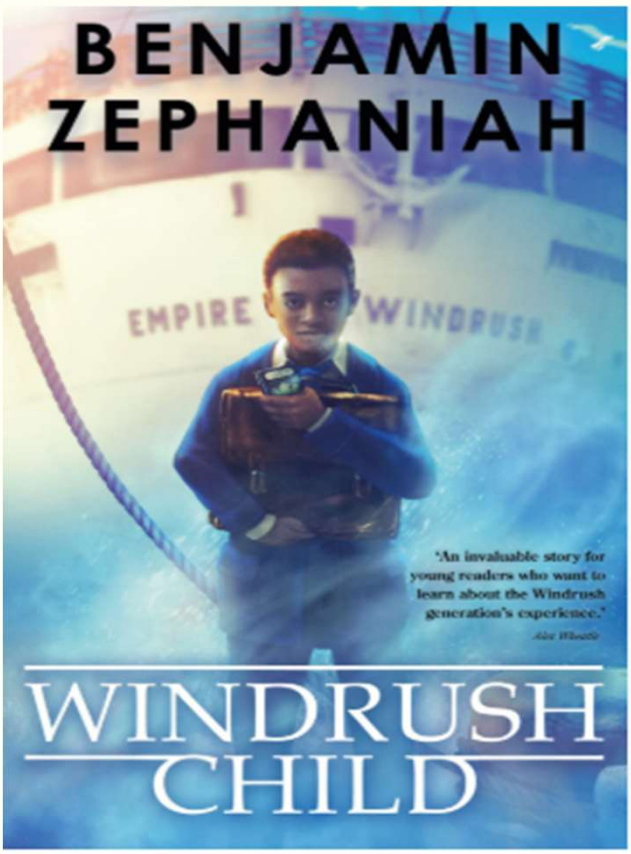
Follow Sir John Heron Primary School on Instagram by scanning the QR code!



TALKING ABOUT BOOKS

By Mr Dizon

Benjamin Zephaniah's moving historical novel Windrush Child follows ten-year-old Leonard Callender as he leaves his peaceful home in Jamaica in 1960 to join his parents in England. Expecting a land of golden opportunities, Leonard instead faces harsh weather, culture shock, and prejudice in post-war Britain, while trying to adjust to a new school and community. Through courage, family strength, and enduring friendships, Leonard strives to build a sense of belonging in a country that isn't always welcoming. Powerful and deeply educational, Windrush Child offers readers an empathetic and vital look at the real-life experiences of the Windrush generation and their profound contribution to modern British history.



KEY DATES THIS TERM

DATE	EVENT	TIME
Monday 5th October 2026	Week 1: Year 6 Intensive swimming lessons begin	
Friday 9th October 2026	Year 6 Parents SATS information session (Main Hall)	3:30pm
Monday 12th October 2026	Week 2: Year 6 Intensive swimming lessons begin	
Tuesday 13th – Friday 18th October 2026	Reception Hearing and Vision Testing	
Tuesday 13th October 2026	Year 2 The Parish of Little Ilford Church Visit	
Wednesday 14th October 2026	Reception Open Day (more information below)	3:30pm – 4:30pm
Monday 19th October 2026	Year 6 visit to Parliament	

KEY DATES THIS TERM

DATE	EVENT	TIME
Wednesday 21st October 2026	Parents Evening and Book Fair – (more information to follow soon)	1:15pm – 6:30pm
Thursday 22nd October 2026	Nursery Parents Evening (more information to follow soon)	1:15pm – 3:00pm
Thursday 22nd October 2026	House Point Treat	
Thursday 22nd October 2026	Year 4&6 Parents Residential Information Session (Main Hall)	3:30pm
Friday 23rd October	Diversity Day	All Day
Friday 23rd October	Reception Family Friday	9:00am-10:00am
Friday 23rd October	Last Day of Term (Half term begins)	
Thursday 12th November 2026	School Photographer	

SIR JOHN HERON PRIMARY SCHOOL

SJH

SIR JOHN HERON'S RECEPTION OPEN DAY

"Together we learn, together we achieve"



DATE: 14th OCTOBER

TIME: 3.30 PM - 4.30 PM

SCHOOL ADDRESS:
School Road,
London,
E12 5PY

Tel: 020 8514 9860

info@sirjohnheron.newham.sch.uk

www.sirjohnheron.newham.sch.uk

SIR JOHN HERON PRIMARY SCHOOL

SJH

FUNDED 2-YEAR-OLD CHILDCARE PLACES AVAILABLE

"Together we learn, together we achieve"



AM I ELIGIBLE?

There are two eligibility routes:

1: Working parents

Your child will qualify for a free place if both parents are working and...

- a weekly minimum Minimum Wage (NMW)
- less than £100,000 pear.

2: Receiving extra support

You're classed as getting extra support if any of the following apply:

- you get Universal Credit, and your household income is £15,400 a year or less after tax, not including benefit payments
- your child has an Education and Health Care plan
- your child gets Disability Living Allowance
- your child has left care under an adoption order, special guardianship order or a child arrangements order

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HOW CAN I APPLY?

If you think you are eligible, you will be able to apply for your code via **childcarechoices.gov.uk.**

SPACE TO GROW



WHAT IS SPACE TO GROW?

Free early help for children struggling with their emotional health and wellbeing, to feel happier, supported, and safer.

Open to chilldren NOT receiving CAMHS support.

- Improved Social Skills
- Managed Feelings
- Setting & Achieving Goals
- Safe & Positive Environment
- One-on-One Mentor Support

RUN BY THE CHILDREN'S SOCIETY

The Children's Society

PARENTS & CARERS: REFER YOUR CHILD TODAY!

FOR MORE INFORMATION OR TO REFER YOUR CHILD, CONTACT:

MISS WERRIN, Senior Mental Health Lead

wellbeing@sirjohnheron.newham.sch.uk

LIMITED SPACES AVAILABLE

SIR JOHN HERON SCHOOL, NEWHAM

Introduction to WINS and Wellbeing

Who are WINS?

The Wellbeing in Newham Schools (WINS) is an **early intervention,** school based teams within Newham CAMHS. Education Mental Health practitioners (EMHPs) offer:

- **1:1 interventions** with parents around child anxiety or behavioural difficulties
- One-off parent and children **workshops** on wellbeing topics
- **Group interventions** with children (e.g. emotional regulation)

If you are interested in this offer, please discuss this with Senior Mental Health Lead (SMHL), **Beccy Werrin**.

Wellbeing and Mental Health

- Just like physical health, we all have mental health
- Our mental health can **change** over **time** and **situation**
- Mental health isn't limited to specific disorders, but also our **self-esteem** and **emotion regulation**
- **Changes** in our child's **behaviour** or **feelings** can indicate that they may need extra support (e.g. withdrawing/isolating, irritability)
- Having **regular check in's** with your child can open up conversations and help you identify if something isn't right!
- **Validating** and **empathising** can help a child to open up and feel understood e.g. "I'm not surprised you're feeling...", "It's so sad/frustrating/hard when..."

Further signposting:

Scan the QR code for our **Padlet** with further resources and support options:

LumiNova is a FREE therapeutic app for children with fears and worries: